

Let's Explore K5!

Different spheres of development - different activities for your child to complete! Your child is encouraged to review these skills over the summer. Keep your child engaged and watch them grow!

Numbers	Letters & Words	Read, Write & Talk	Motor Development	Socialization & Emotions	Autonomy	2nd Language Learning
Count, Sequence & Recognize Numbers	Recognize Letters	Read Books	Pencil Practice	Play Board Games	Follow a Daily Schedule	Play Board Games
Identify & Represent Numbers	Letter Sounds	Listen to Stories	Play Dough Mats	Organize Play Dates	Independent Basic Hygiene Care	Extra- Curricular Activities
Compare Numbers	Rhymes	Talk About Books & Sequence Stories	Fine Motor Activities	Extra- Curricular Activities	Independent Play & Put Toys Away	Read & Listen to Music
Basic Math Concepts	Syllables	Tell Stories & Make Books	Gross Motor Activities	Help to Identify Emotions	Buttons, Zippers, Laces & Snaps	Watch Television and Movies
Basic Math Vocabulary	Interactive Websites	Label Drawings		Calm Down Space at Home	Help with Household Chores	I Spy (Vocabulary)

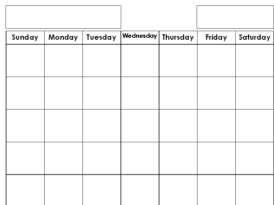
Numbers



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Count, Sequence & Recognize Numbers



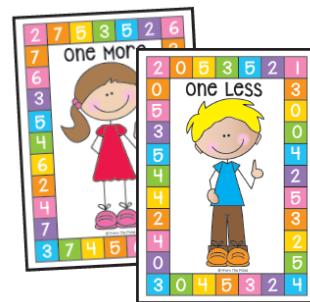
Hopscotch



Identify & Represent Numbers



Compare Numbers

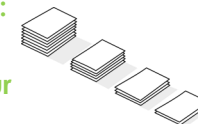


Basic Math Concepts

Complete puzzles

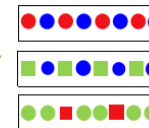


Sort objects:
by shape,
size & colour



Create patterns:

Using buttons,
cereal, blocks,
stickers, etc.



Build shapes:

Using pipe cleaners,
Wikki Stix, plastecine
or toothpicks &
marshmallows, etc.



Basic Math Vocabulary



Talk with your child about
math concepts in
every day activities.
Reinforce the following
math vocabulary:

Basic Math Vocabulary Vocabulaire mathématique de base			
Size/Grandeur		Height/Hauteur	
			
big large grand gros	small tiny petit petit(e)	high tall grand long	low short petit court

Other Ideas to Consider:

- When playing board games, use a die showing numerals to help your child read/recognize numbers.
- Help your child remember your phone number & to press the correct buttons on the number pad.
- Maintain a monthly calendar with your child (review the days of the week/date). See calendar above.
- Provide opportunities to count groups of objects (i.e. socks, utensils, pieces of cereal or fruit, etc.).
- Play games that involve counting spaces (i.e. Snakes & Ladders, Candy Land, Trouble, etc.).
- Count the number of times you and your child can throw a ball to each other without dropping it.



Suggested commercial games that promote math skills:



Letters, Sounds & Words



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Recognize Letters (Upper & Lowercase)	Identify Initial Letter Sounds	Rhyming	Syllables	Interactive Websites						
 	 	Play "Guess my Word" I am thinking of a word that rhymes with _____. Can you guess my word? The Itsy Bitsy Spider 	 Clap out names of friends & family members to find the number of syllables in each name. Playing with Words Find an item in your home. Roll the dice. Complete the task. Repeat and replay. <table><tr><td></td><td></td><td>Clap the syllables.</td></tr><tr><td></td><td></td><td>Find a rhyming word.</td></tr></table>			Clap the syllables.			Find a rhyming word.	
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Other Ideas to Consider:

1. Play I Spy (letter sounds). - I spy something that begins with the ____ sound.
2. Place magnetic letters on fridge and make reference to them when in the kitchen (e.g. When asking your child to take out the milk, ask him/her what sound it begins with & to find the corresponding letter.)
3. Create a scrapbook with your child – cut out pictures from magazines, flyers, newspapers and catalogues to represent various letter sounds.
4. Ask your child to identify letter sounds while reading to him/her (e.g. can you show me a word that begins with the "b" sound).

Read, Write & Talk



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Read Books

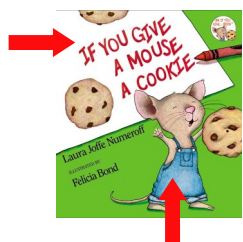
Listen to Stories

Talk About Books

Tell Stories & Make Books

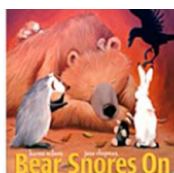
Label Drawings

Read the words



Read the pictures

Fiction: story books



Non fiction: Information books



Digital Stories - Memory aids



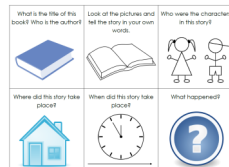
TumbleBooks



BookFLIX

Britannica School Edition

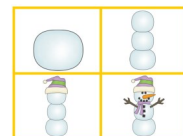
Storyline Online



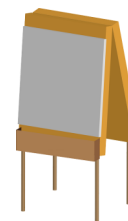
Book Talk - Before, during & after reading



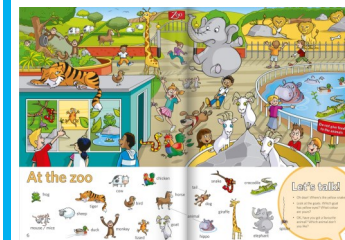
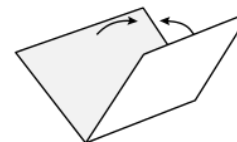
Sequence Stories & Events



Use large paper - taped to the wall or placed on an easel
(This will work gross motor skills)



How to make a mini book using white sheet of paper



Other Ideas to Consider:

1. Point out print to your child: print in the environment, cereal boxes, street names, birthday cards, labels, comics, newspapers, magazines, store signs, road signs, etc.
2. Read to your child on a regular basis (daily), in a comfortable position & location.
3. Visit the local library with your child to select new books on a regular basis.
4. Track the text with your finger as you read aloud.
5. Expose your child to different types of texts (picture books, informational texts, recipes, comic strips, store flyers, invitations, etc.).



SUMMER READING
Bucket List

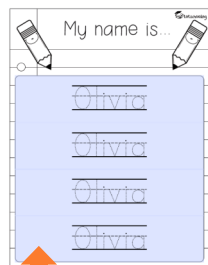


Motor & Movement

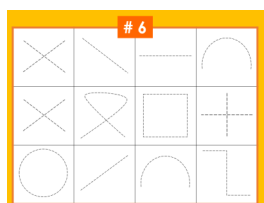


= Click for readily available resource(s).

Pencil Practice



First - click on the download button at the top of the page
Then - write in your child's name name



Play Dough Mats



Use play dough, small objects or Wikki Stix with the following mats to trace over/form shapes, numbers or letters:



Fine Motor Games & Activities

Suggested activities that promote the "pincer grasp" required for proper pencil grip:

Lego



Nuts & Bolts



Puzzles



Operation



Lite-Brite



Lacing/Beads



Foam Mosaics



Arts & Crafts



Gross Motor Games & Activities



Practice going up and down the stairs - one foot per step



Animal Actions



Other Ideas to Consider:

Cutting -

It is important to tell your child that while using scissors, the thumbs must always "look at the sky". To help your child remember and practice this, you can stick small sticker onto his/her thumbnail.



Pencil Grip -

Consider the use of a pencil grip to facilitate proper pencil holding. Your child's teacher will have suggestions to share with you.

Socialization & Emotions



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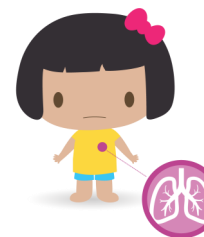
Play Board Games	Organize Play Dates	Extra-Curricular Activities	Help to Identify Emotions	Calm Down Space at Home																														
It's Time to Play! C'est le moment de jouer! Commercial Games - Jeux commerciaux <table border="1"> <tr> <td>Connect 4</td><td>Memory Games</td><td>Spot It Jr./Dobble</td><td>Jenga</td><td>Perfection</td></tr> <tr> <td></td><td></td><td></td><td></td><td></td></tr> <tr> <td>Operation</td><td>Kenken</td><td>Suspend Jr.</td><td>Hobble</td><td>Emotion-oes</td></tr> <tr> <td></td><td></td><td></td><td></td><td></td></tr> <tr> <td>Sorry</td><td>Monopoly Jr.</td><td>Go Fish</td><td>Three Little Pigs</td><td>Guess Who?</td></tr> <tr> <td></td><td></td><td></td><td></td><td></td></tr> </table> Rules to follow when playing BOARD GAMES - Wait patiently for your turn. - Touch only your game pieces. - Roll the dice only when it is your turn. - Keep your hands to yourself. - If you Win, politely say "Great Game! It was fun playing with you!" - If you Lose, politely say "Great Game! It was fun playing with you!" - Have FUN!	Connect 4	Memory Games	Spot It Jr./Dobble	Jenga	Perfection						Operation	Kenken	Suspend Jr.	Hobble	Emotion-oes						Sorry	Monopoly Jr.	Go Fish	Three Little Pigs	Guess Who?						Play, Learn and Grow... Together! Making Friends	summer camps	A Little Spot of Happiness By: Diane Alber A Little Peaceful Spot By: Diane Alber A Little Spot of Anger By: Diane Alber A Little Spot of Sadness By: Diane Alber A Little Spot of Anxiety By: Diane Alber A Little Scribble Spot By: Diane Alber	
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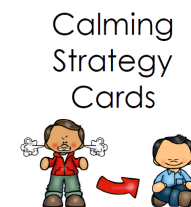
This calm down space can be used when your child needs to calm down or when he/she feels the need to be alone.



Fidget Tools



Breathing Techniques



Calm Down Strategies

You can provide tools/materials to use in this space:

Autonomy



= Click for readily available resource(s).



Follow a Daily Schedule	Independent Basic Hygiene Care	Play Independently & Put Toys Away	Buttons, Zippers, Laces & Snaps	Help with Household Chores																
Our Day <table><tr><td></td><td>breakfast</td></tr><tr><td></td><td>brush your teeth</td></tr><tr><td></td><td>go for a walk</td></tr><tr><td></td><td>reading</td></tr><tr><td></td><td>snack</td></tr></table>		breakfast		brush your teeth		go for a walk		reading		snack	✓ Get dressed & undressed ✓ Wash hands and face ✓ Brush teeth ✓ Comb hair ✓ Wipe yourself	Play 5 at Home! Free trial at all times and current free access to everyone for the time being.	Practice, Practice, Practice!	Age Appropriate Chore Chart <table><tr><td>2-3 YEARS</td><td>4-5 YEARS</td><td>6-7 YEARS</td></tr><tr><td> *pick up toys and books *put clothes in laundry basket *put trash in garbage can *fold wash cloths *set the table with forks and spoons *dust baseboards </td><td> *all previous chores *wipe up spills *make bed *clean room *water plants *sort clean clothes *prepare simple snacks *use small vacuum *clean knobs </td><td> *empty bathroom garbage *fold towels *empty dishwasher *wash and sort socks *pull weeds with garden gloves *rake leaves *peel potatoes and carrots *make salad *replace toilet paper </td></tr></table>	2-3 YEARS	4-5 YEARS	6-7 YEARS	*pick up toys and books *put clothes in laundry basket *put trash in garbage can *fold wash cloths *set the table with forks and spoons *dust baseboards	*all previous chores *wipe up spills *make bed *clean room *water plants *sort clean clothes *prepare simple snacks *use small vacuum *clean knobs	*empty bathroom garbage *fold towels *empty dishwasher *wash and sort socks *pull weeds with garden gloves *rake leaves *peel potatoes and carrots *make salad *replace toilet paper
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Other Ideas to Consider:

1. Encourage your child to complete simple tasks independently.
2. Praise effort and attempts to complete simple tasks even if they are not conventionally completed.
3. Use of positive reinforcement (rewards) to promote independence.
4. Encourage your child to help younger siblings.

Second Language Learning & Vocabulary



= Click for readily available resource(s).

Play Games (Board Games & Bingo)	Extra-Curricular Activities	Read & Listen to Music	Watch Television & Movies	I Spy (Vocabulary)																												
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Other Ideas to Consider:

1. Ask open ended questions that invite phrase/sentence length answers & not a single word answer like "yes", "no", or someone's name.
2. Ask for elaboration. If the response you get is a single word/phrase, ask more questions to prompt a longer response/more information.
3. Use simple, concise language when speaking to your child in his/her second language.
4. Repeat instructions using simpler language.
5. Refer to visuals to support verbal messages.
6. Provide one instruction at a time, not all at once.
7. If your child makes grammatical errors or does not know a word, respond with correct version of sentence, including the correct vocabulary.